GOOD HEALT ANDWELL-BEING



3.3.3 – Shared sports facilities



The Sports Service of the Universidad CEU San Pablo focus on

- Body improvement and health-oriented fitness development
- Carrying out and organizing activities of a recreational, sporting nature and adaptation to the environment

Characteristics of the sports offer

- All sports activities are free for the educational community
- The free participation of external users in activities is allowed:
- 1. Those practiced in the facilities of the Moncloa Campus (Tennis, Paddle, and Sports Court) accompanied by a member of the University.
- Activities in Nature, such as canoeing, archery, dimbing, etc.
- 3. Mountain Club excursions with registration before the activity
- 4. The Cross Rector, the test with the highest number of registrations of the entire circuit of the Community of Madrid

https://www.uspceu.com/alumnos/vida-campus/deportes